September is Emergency Preparedness Month
Do you have your kit?

- 3 Day Supply of Water (3 gallons per person)
- Canned Food
- Battery Operated Radio
- Flashlight
- First Aid Kit
- Prescriptions/Medications
- Personal Toiletries
- Can Openers/Utensils
- Infant Care Needs
- Items for Elderly
- Special Needs Items
- Cash
- Important Documents
- Chargers for Electronics
- Extra Batteries

List courtesy of New Jersey Office of Emergency Managment
More info: http://www.ready.nj.gov/
Have a Plan

- Have a Family Meeting to Discuss Plans
- Identify Responsibilities for Each Family Member
- Select 2 Meeting Places
  1. Outside your home
  2. Outside your neighborhood
- Have an Out-of-Area Phone Contact
- Pets: Know a Pet Friendly Hotel/Shelter
- Practice Your Plan!

Want to help others in an emergency situation?
Consider joining your local CERT or Medical Reserve Corps.
Learn more:
www.state.nj.us/njoem/citizen/cert.html