

**September is Emergency Preparedness Month
Do you have your kit?**

3 Day Supply of Water
(3 gallons per person)
Canned Food
Battery Operated Radio
Flashlight
First Aid Kit
Prescriptions/Medications
Personal Toiletries
Can Openers/Utensils
Infant Care Needs
Items for Elderly
Special Needs Items
Cash
Important Documents
Chargers for Electronics
Extra Batteries

List courtesy of New Jersey Office
of Emergency Management
More info: <http://www.ready.nj.gov/>



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Have a Plan

- Have a Family Meeting to Discuss Plans
- Identify Responsibilities for Each Family Member
- Select 2 Meeting Places
 1. Outside your home
 2. Outside your neighborhood
- Have an Out-of-Area Phone Contact
- Pets: Know a Pet Friendly Hotel/Shelter
- **Practice Your Plan!**

Want to help others in an emergency situation?

Consider joining your local CERT or Medical Reserve Corps.

Learn more:

www.state.nj.us/njoem/citizen/cert.html

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